



Effective Date: June 12, 2020

## CONFIDENTIAL

Note: Specific scenarios may arise that these protocols do not address. In these circumstances, NWSL will develop the most appropriate plan. NWSL reserves the right to update these protocols as appropriate.

### NWSL Tournament Protocol

The safety of the players and staff are a priority during the 2020 NWSL Challenge Cup Presented by P&G and Secret (the “Tournament”). In order to ensure as safe an environment as possible, strict guidelines must be followed regarding what is and is not permitted of those using the housing<sup>1</sup> and facilities for the Tournament (such Tournament housing and facilities referred to as the “village”).

In order to limit exposure to COVID-19 for players and staff, *these rules must be abided by and adhered to.*

#### **I. General**

- A. Masks should be worn any time outside of your apartment or room (except when exercising, training, playing or eating).
- B. Use social distancing when possible (6 feet apart from people).
- C. Wash your hands for at least 20 seconds with soap and water OR use hand sanitizer that is at least 60% alcohol.
- D. Cover your coughs and sneezes with your elbow or a tissue.
- E. Avoid touching your eyes and face.
- F. Limit the touching of handles and doorknobs when possible.
- G. NWSL credentials must be worn and visibly displayed at all times.
- H. *No team personnel, players, officials, broadcast crew or anyone in close continual contact with the foregoing may leave the village without authorization from NWSL staff except in the case of a medical emergency.*

#### **II. Travel**

- A. See “NWSL Standards for Cleaning, Disinfection, and Sanitization for Venues, Training Facilities, Team Travel (Air/Ground) and Lodging”.
- B. NWSL-provided transportation must be used (with the exception of the Utah players and staff).
- C. Players/staff may sit next to each other with masks on while in transit.
- D. Any assigned staggered arrival/departure times must be adhered to during the Tournament.

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<sup>1</sup> Both housing provided specifically for those involved with the Tournament and the housing currently used by the Utah players where they will remain during the Tournament.



### **III. Daily Living**

#### **A. Daily Routines**

1. *Any individual or team who leaves the village without permission will face individual and/or team sanctions (except in the case of a medical emergency).*
2. All individuals must follow the medical protocols, which include COVID-19 testing and daily symptom screening.
3. Any symptoms should be immediately reported to the team ATC and team physician or on-site physician.
4. The team doctor or trainer must be notified immediately if you are feeling sick or have had close contact with someone who becomes sick.
5. Contact tracing protocols as specified by the NWSL must be followed.
6. Teams members may participate in activities and have contact with individuals and staff who are part of their own team and staying in the village.
7. There is to be no physical contact with players or staff from other teams outside of matches.
8. There is to be no physical contact with anyone from outside of the village; no visitors are permitted (see # 6, above).
9. Players are not to travel outside of their local housing to visit other facilities (for example, the grocery, restaurants, stores, etc.) unless it is a medical visit arranged by team medical personnel or is pre-approved.
10. Walking/jogging with a mask on is permissible in the vicinity of your lodging; otherwise, travel should be limited to team training and game day facilities.
11. If you choose to have personal items or packages delivered, these must be done through contactless delivery (with no signature required).
12. Grocery and other store runs may be done only by designated staff members with proper safety precautions in place.
13. Team administrators must complete the daily checklist and submit it to NWSL staff.

#### **B. Catering/Meals/Food & Beverage**

1. All catering personnel will follow “NWSL Standards for Cleaning, Disinfection, and Sanitization for Venues, Training Facilities, Team Travel (Air/Ground) and Lodging”.
2. Hands should be washed or sanitized prior to eating.
3. Team meals are to be eaten with the team in the team’s designated eating area and at the designated time and/or individual meals may be prepared to go.
4. Catering staff will handle food preparation and serving for team meals.
5. If you would like outside food delivered, it must be contactless delivery.
6. Additional food/beverage options may be provided by NWSL, in compliance with the standards.

#### **C. Meetings and Player Lounges**

1. Team meetings should take place in the team designated area.
2. Schedules for use of team social areas must be followed.

#### **D. Rooms/Laundry**

1. Hotel staff and cleaning personnel will follow “NWSL Standards for Cleaning, Disinfection, and Sanitization for Venues, Training Facilities, Team Travel (Air/Ground) and Lodging”.



2. Each player has been designated her own room (unless otherwise requested by the player).
3. Players should store their personal equipment in their rooms (not in common areas).
4. Limited personal and laundry products will be provided by NWSL and P&G for individual personal use.

#### **IV. Facilities**

##### **A. Non-Game Day**

1. Masks must be worn outside of training.
2. The shortest and most direct route should be taken whenever possible.
3. Players are to be dressed prior to arrival at field or facilities for training.
4. Schedules should be followed for the use of weight rooms and other facilities.
5. Players should wipe down equipment before and after individual use.
6. Disposable water bottles may be supplied by the team or the player may bring her own water bottle (and will be responsible for washing it).

##### **B. Match Day**

1. Players and staff should arrive at the venue with masks on and all personnel who access the facilities and field on game day must continue to wear them except players and referees when on the field (with the exception of the fourth official who shall continue to wear a mask throughout the match).
  - Staff and substitute players are to wear masks
  - When players are warming up, masks may be removed
  - The head coach may remove his/her mask during the game when standing away from the bench providing instruction to players on the field
2. The use of individual water bottles and towels for players and staff is required.
3. Medical staff are to use masks and gloves when working with players.
4. Training rooms must allow for 6 feet between table and treatment areas of individual players.